



ALLIED SERVICES

#DontJustGetWellStayWell



DAYS	CONSULTATION / WORKSHOP	THERAPIES	TIME	DURATION	BOOKING TYPE	FACILITATOR
MONDAY	CONSULTATION	BOWEN THERAPY	11 AM TO 1 PM	1 HOUR	WALKIN / ON APPOINTMENT	ZENOBIJA PAJNIGER
	CONSULTATION	REFLEXOLOGY	12 PM TO 2 PM	30 MINS / 45 MINS	ON APPOINTMENT	ANIRUDDHA JAGTAP
	CONSULTATION	CLINICAL MASSAGE THERAPY	3 PM TO 6 PM	1 HOUR	ON APPOINTMENT	REENA CHOUHAN
	CONSULTATION	HOMEOPATHY CLINIC	4 PM TO 6 PM	15 MINS	ON APPOINTMENT	DR TEHRAT WADIA
	CONSULTATION	INTEGRATIVE MEDICINE THERAPY	1 PM TO 3:00 PM	2 HOURS	ON APPOINTMENT	DR SANJAY PHADKE
TUESDAY	CONSULTATION	BOWEN THERAPY	11 AM TO 1 PM	1 HOUR	WALKIN / ON APPOINTMENT	SMITA SHARMA
	CONSULTATION	AESTHETIC CLINIC	1.30 PM TO 2.30 PM	15 MINS	ON APPOINTMENT	DR. PARAG SAHASRABUDDHE
	WORKSHOP	GERIATRIC GROUP SESSION	11 AM TO 12.30 PM	1.30 HRS	ON APPOINTMENT	DR. RADHIKA PATIL, DR. FARZANA MULLA
	CONSULTATION	ACUPUNCTURE THERAPY	1.30 PM TO 5.30 PM	45 MINS	ON APPOINTMENT	DR. PREETI DAMANIA
	WORKSHOP	YOGA SESSION	5 PM TO 6 PM	1 HOUR	ON APPOINTMENT	SAMIDHA KOLHATKAR / PRASHANT PANDEY
WEDNESDAY	CONSULTATION	FAMILY GUIDANCE CLINIC	10 AM TO 12.30 PM	30 MINS	ON APPOINTMENT	DR. SWATI BHAVE / DR. BAGESHREE DEOKAR
	WORKSHOP	FAMILY GUIDANCE WORKSHOP	1 PM TO 2 PM	1 HOUR	WALKIN / ON APPOINTMENT	DR. SWATI BHAVE / DR. BAGESHREE DEOKAR
	WORKSHOP	TWIN HEART MEDITATION	3 PM TO 4 PM	1 HOUR	ON APPOINTMENT	GODWIN ALPHONSO
	CONSULTATION	CLINICAL MASSAGE THERAPY	3 PM TO 6 PM	1 HOUR	ON APPOINTMENT	REENA CHOUHAN
	CONSULTATION	DEADDICTION CLINIC	4 PM TO 6 PM	30 MINS	ON APPOINTMENT	DR. KJ SINGH / DR. ROHAN JAGIRDAR
	CONSULTATION	HOMEOPATHY CLINIC	4 PM TO 6 PM	15 MINS	ON APPOINTMENT	DR. TEHRAT WADIA
	CONSULTATION	INTEGRATIVE MEDICINE THERAPY	1 PM TO 3:00 PM	2 HOURS	ON APPOINTMENT	DR. SANJAY PHADKE



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DAYS	CONSULTATION / WORKSHOP	THERAPIES	TIME	DURATION	BOOKING TYPE	FACILITATOR
THURSDAY	CONSULTATION	PAST LIFE REGRESSION THERAPY / CHAKRA MEDITATION BY INDIRA THAWANI	12 PM TO 1 PM	1 HOUR	ON APPOINTMENT	INDIRA THAWANI
	CONSULTATION	BACHFLOWER THERAPY	3 PM TO 4 PM	15 MINS	ON APPOINTMENT	DR. PRASANNA SHRIVEKAR
	WORKSHOP	ZENTANGLE	3 PM TO 4 PM	1 HOUR	ON APPOINTMENT	MRS. JASMINE JEHANGIR
	WORKSHOP	ACUPUNCTURE THERAPY	1.30 PM TO 5.30 PM	45 MINS	ON APPOINTMENT	DR. PREETI DAMANIA
	WORKSHOP	GERIATRIC GROUP	11 AM TO 12.30 PM	1.30 HOURS	ON APPOINTMENT	DR. RADHIKA PATIL / DR. FARZANA MULLA
FRIDAY	CONSULTATION	BOWEN THERAPY	11 AM TO 1 PM	1 HOUR	WALKIN / ON APPOINTMENT	CAP. RAVI RAMAN
	CONSULTATION	REFLEXOLOGY	12 PM TO 2 PM	30 MINS / 45 MINS	ON APPOINTMENT	ANIRUDDHA JAGTAP
	CONSULTATION	ACUPUNCTURE THERAPY	1.30 PM TO 5.30 PM	45 MINS	ON APPOINTMENT	DR. PREETI DAMANIA
SATURDAY	CONSULTATION	BOWEN THERAPY	11 AM TO 1 PM	1 HOUR	WALKIN / ON APPOINTMENT	TEJAL BHAGAT
	CONSULTATION	AESTHETIC CLINIC	3 PM TO 5 PM	15 MINS	ON APPOINTMENT	DR RAHUL DALAL
	WORKSHOP	DANCE MOVEMENT THERAPY / JOURNALING / ART THERAPY / DRUM CIRCLE	4 PM TO 5 PM	1 HOUR	ON APPOINTMENT	SINDES JABORE / AKSHATA PAREKH
	WORKSHOP	ROOT CHAKRA/SOUND HEALING	5 PM TO 6 PM	1 HOUR	ON APPOINTMENT	INDIRA THAWANI
	WORKSHOP	PRENATAL YOGA SESSION	5 PM TO 6 PM	1 HOUR	ON APPOINTMENT	SAMIDDHA KOHLATKAR